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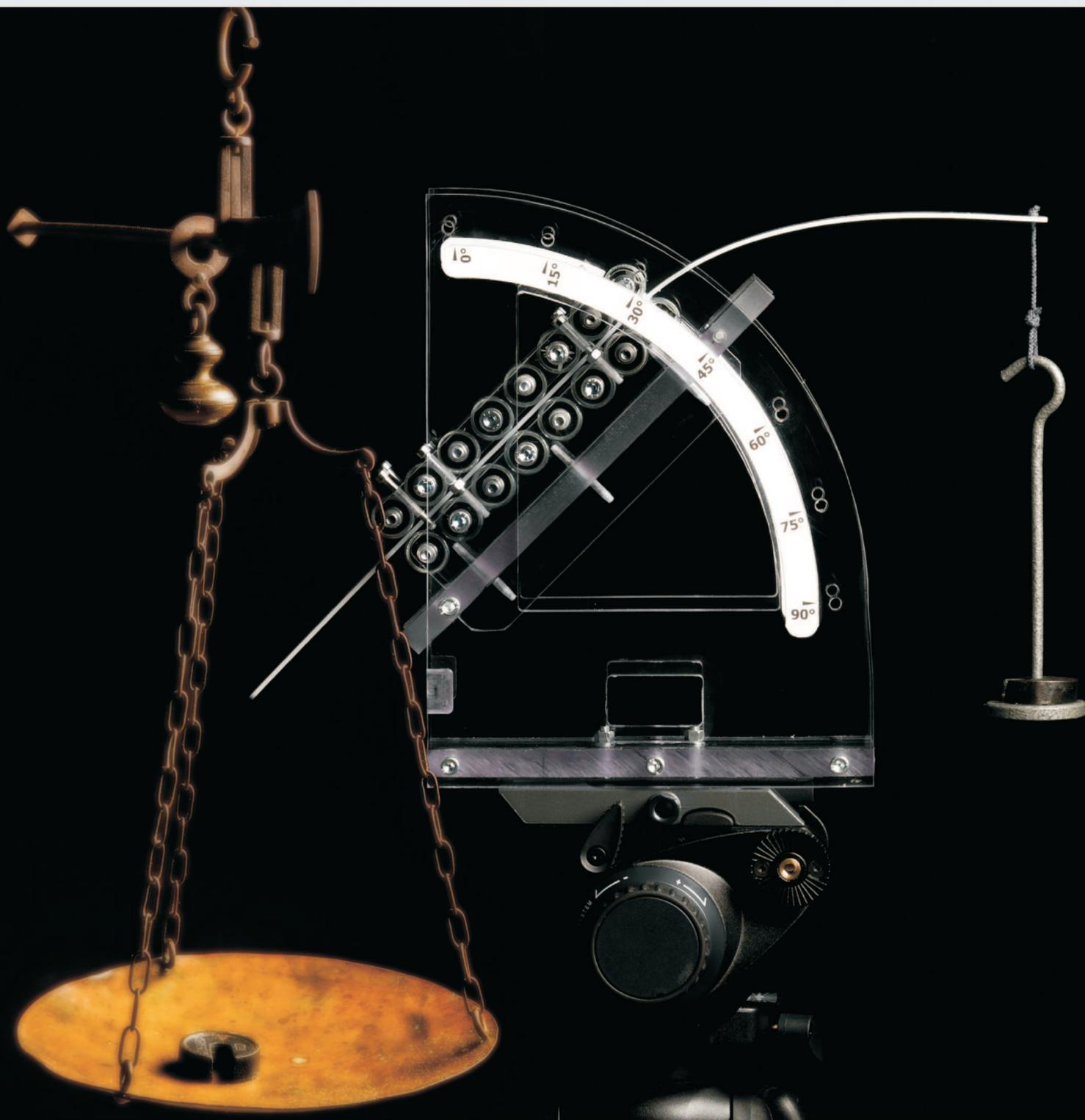
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## An elastica arm scale

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## Research



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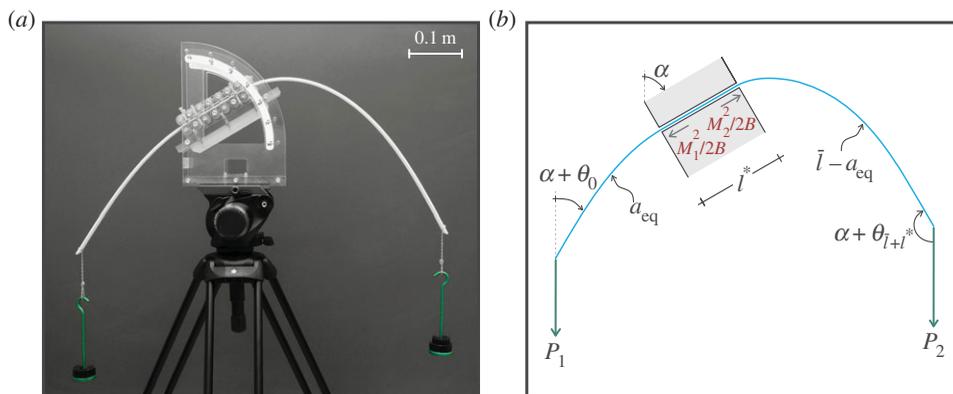
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The concept of a ‘deformable arm scale’ (completely different from a traditional rigid arm balance) is theoretically introduced and experimentally validated. The idea is not intuitive, but is the result of nonlinear equilibrium kinematics of rods inducing configurational forces, so that deflection of the arms becomes necessary for equilibrium, which would be impossible for a rigid system. In particular, the rigid arms of usual scales are replaced by a flexible elastic lamina, free to slide in a frictionless and inclined sliding sleeve, which can reach a unique equilibrium configuration when two vertical dead loads are applied. Prototypes designed to demonstrate the feasibility of the system show a high accuracy in the measurement of load within a certain range of use. Finally, we show that the presented results are strongly related to snaking of confined beams, with implications for locomotion of serpents, plumbing and smart oil drilling.

## 1. Introduction

For millennia, the (equal and unequal) arm balance scales have been used, and still are used (see the overview in [1]), to measure weight by exploiting the equilibrium of a rigid lever, so that a deformation of the arms would merely represent an undesired effect. On the other hand, equilibrium is always satisfied for a spring balance, where the weight measure is directly linked to deformation and a counterweight is not needed. A new paradigm, based on the exploitation of nonlinear kinematics and configurational mechanics of elastic rods, is proposed here for a scale with deformable arms, where an inflected equilibrium configuration can be exploited to measure weight. In a sense, the proposed balance is a sort of combination between a rigid arm and a spring balance, because both equilibrium and deformation are simultaneously exploited. Therefore, the concept introduced here differs completely from that underlying traditional scale design, so that the proposed device can work with or without a counterweight.



**Figure 1.** (a) Prototype 1 and (b) scheme of the deformable arm scale. The rod used in the prototype is made up of a solid polycarbonate elastic lamina of bending stiffness  $B = 0.20 \text{ N m}^2$  and total length  $\bar{l} + l^* = 0.98 \text{ m}$  with ends subject to dead loads  $P_1 = 2.03 \text{ N}$  and  $P_2 = 2.52 \text{ N}$ . The lamina can slide into a frictionless sliding sleeve (realized with eight roller pairs) of length  $l^* = 0.148 \text{ m}$ , inclined at an angle  $\alpha = 60^\circ$  with respect to the vertical direction. The theoretical value of the length defining the equilibrium configuration is  $a_{\text{eq}} = 0.35 \text{ m}$ , while the value measured on the prototype is equal to  $0.34 \text{ m}$ . (Online version in colour.)

The ‘elastically deformable arm scale’ is shown in figure 1a (photo of prototype 1) as a realization of the scheme shown in figure 1b, where an elastic rod (inclined at an angle  $\alpha \in [0, \pi/2]$  with respect to the two vertical dead loads applied at its edges) is free to slide in a frictionless sleeve of length  $l^*$ . For given loads ( $P_1$  and  $P_2$ ), the scale admits an equilibrium configuration, which is possible by virtue of the flexural deformation of the arms (if these were rigid, the equilibrium would be trivially violated). This equilibrium configuration is inherently nonlinear, as it necessarily involves the presence of configurational or ‘Eshelby-like’ forces [2], but can be derived from the stationarity of the total potential energy in a form suitable for direct calculations. Therefore, the nonlinear equilibrium equations (S2) can be exploited to determine a load from the measurement of a configurational parameter (the length  $a_{\text{eq}}$ ). Considerations of the second variation of the total potential energy (S3) show that the equilibrium configurations of the scale are unstable, a feature that may enhance the precision of the load measure and that does not prevent the feasibility of the scale, as demonstrated by two proof-of-concept prototypes (S4). Furthermore, a sensitivity analysis as well as the experiments performed on the prototypes indicate that the deformable arm balance works correctly and that it can perform better than traditional balances in certain load ranges.

Finally, as the elastic lamina in the sliding sleeve (forming the deformable arm scale) can be viewed as a ‘snake in a frictionless and tight channel’, our results demonstrate that Eshelby-like forces play a fundamental role in the problem of snaking of a confined elastic rod, with implications for smart oil drilling [3], plumbing, and locomotion of reptiles and fish [4–6].

## 2. Flexural equilibrium through Eshelby-like forces

The system shown in figure 1b attains equilibrium because two forces exist, tangential to the sliding sleeve, which can be interpreted as ‘configurational’ (or ‘Eshelby-like’ [2]), in the sense that they depend on the configuration assumed by the system at equilibrium. These forces and the equilibrium conditions of the system can be obtained for an inextensible elastic lamina of bending stiffness  $B$  and total length  $\bar{l} + l^*$  from the first variation of the total potential energy of

the system [7]

$$\begin{aligned} \mathcal{V}(\theta(s), a) = & \int_0^a B \frac{[\theta'(s)]^2}{2} ds + \int_{a+l^*}^{\bar{l}+l^*} B \frac{[\theta'(s)]^2}{2} ds \\ & - P_1 \left[ \cos \alpha \int_0^a \cos \theta(s) ds - \sin \alpha \int_0^a \sin \theta(s) ds \right] \\ & - P_2 \left[ -\cos \alpha \int_{a+l^*}^{\bar{l}+l^*} \cos \theta(s) ds + \sin \alpha \int_{a+l^*}^{\bar{l}+l^*} \sin \theta(s) ds \right], \end{aligned} \quad (2.1)$$

where  $s \in [0; \bar{l} + l^*]$  is a curvilinear coordinate,  $\theta(s)$  is the rotation of the rod's axis,  $a$  and  $a + l^*$  are the curvilinear coordinates at which, respectively, the left arm terminates and the right one initiates, so that  $\theta(s) = 0$  for  $s \in [a; a + l^*]$ . The parameter  $a$ , defining the position of the rod with respect to the sliding sleeve, is variable, to be adjusted until the equilibrium configuration is reached.

Considering a small parameter  $\epsilon$  and taking variations (subscript 'var') of an equilibrium configuration (subscript 'eq') in the form  $\theta = \theta_{\text{eq}}(s) + \epsilon \theta_{\text{var}}(s)$  and  $a = a_{\text{eq}} + \epsilon a_{\text{var}}$ , four compatibility equations are obtained from a Taylor series expansion of the rotation field  $\theta(\hat{s})$  for  $\hat{s} = a$  and  $\hat{s} = a + l^*$ , namely (see [8] for details)

$$\text{and } \left. \begin{aligned} \theta_{\text{var}}(a_{\text{eq}}) = -a_{\text{var}} \theta'_{\text{eq}}(a_{\text{eq}}), \quad \theta_{\text{var}}(a_{\text{eq}} + l^*) = -a_{\text{var}} \theta'_{\text{eq}}(a_{\text{eq}} + l^*), \\ \theta'_{\text{var}}(a_{\text{eq}}) = -\frac{1}{2} a_{\text{var}} \theta''_{\text{eq}}(a_{\text{eq}}), \quad \theta'_{\text{var}}(a_{\text{eq}} + l^*) = -\frac{1}{2} a_{\text{var}} \theta''_{\text{eq}}(a_{\text{eq}} + l^*). \end{aligned} \right\} \quad (2.2)$$

Through integration by parts and consideration of the first two compatibility conditions (2.2) and the static conditions at the free edges,  $\theta'_{\text{eq}}(0) = \theta'_{\text{eq}}(\bar{l} + l^*) = 0$ , the first variation of the total potential energy (2.1) can be obtained as

$$\begin{aligned} \delta_\epsilon \mathcal{V} = & - \int_0^{a_{\text{eq}}} [B \theta''_{\text{eq}} - P_1 (\cos \alpha \sin \theta_{\text{eq}}(s) + \sin \alpha \cos \theta_{\text{eq}}(s))] \theta_{\text{var}}(s) ds \\ & - \int_{a_{\text{eq}}+l^*}^{\bar{l}+l^*} [B \theta''_{\text{eq}} + P_2 (\cos \alpha \sin \theta_{\text{eq}}(s) + \sin \alpha \cos \theta_{\text{eq}}(s))] \theta_{\text{var}}(s) ds \\ & + \left\{ \frac{B}{2} [\theta'_{\text{eq}}(a_{\text{eq}} + l^*)^2 - \theta'_{\text{eq}}(a_{\text{eq}})^2] - (P_1 + P_2) \cos \alpha \right\} a_{\text{var}} \end{aligned} \quad (2.3)$$

and must vanish (for every variation in the rotation field  $\theta_{\text{var}}(s)$  and in the length  $a_{\text{var}}$ ) to obtain the equilibrium configuration. This is governed by the following criteria:

- (i) the elastica [9] for the two arms of the lamina

$$B \theta''_{\text{eq}}(s) - P_j \sin[\theta_{\text{eq}}(s) - (-1)^j \alpha] = 0, \quad (2.4)$$

where  $j = 1$  for the left arm ( $s \in [0, a_{\text{eq}}]$ ) and  $j = 2$  for the right one ( $s \in [a_{\text{eq}} + l^*, \bar{l} + l^*]$ ), and

- (ii) the rigid-body equilibrium condition along the sliding direction of the sleeve

$$(P_1 + P_2) \cos \alpha + \underbrace{\frac{M_1^2 - M_2^2}{2B}}_{\text{Eshelby-like forces}} = 0, \quad (2.5)$$

where  $M_1 = B \theta'_{\text{eq}}(a_{\text{eq}})$  and  $M_2 = B \theta'_{\text{eq}}(a_{\text{eq}} + l^*)$ .

Condition (2.5) reveals the presence of two so-called ‘Eshelby-like forces’ [2], provided by the sliding sleeve at its left and right ends and generated by the flexural deformation of the left and right arms, respectively, which define the equilibrium condition of the system and are the key concept of the deformable arm scale.

The rotations at the free ends at equilibrium,  $\theta_0 = \theta_{\text{eq}}(0)$  and  $\theta_{\bar{l}+l^*} = \theta_{\text{eq}}(\bar{l} + l^*)$ , can be obtained by double integration of the elastica (2.4), leading to the following conditions:

$$a_{\text{eq}}\sqrt{\frac{P_1}{B}} = \mathcal{K}(\kappa_1) - \mathcal{K}(m_1, \kappa_1), \quad (\bar{l} - a_{\text{eq}})\sqrt{\frac{P_2}{B}} = \mathcal{K}(\kappa_2) - \mathcal{K}(m_2, \kappa_2), \quad (2.6)$$

where  $\mathcal{K}(\kappa_j)$  and  $\mathcal{K}(m_j, \kappa_j)$  are, respectively, the complete and incomplete elliptic integral of the first kind

$$\mathcal{K}(\kappa_j) = \int_0^{\pi/2} \frac{d\phi_j}{\sqrt{1 - \kappa_j^2 \sin^2 \phi_j}}, \quad \mathcal{K}(m_j, \kappa_j) = \int_{m_j}^{\pi/2} \frac{d\phi_j}{\sqrt{1 - \kappa_j^2 \sin^2 \phi_j}}, \quad j = 1, 2 \quad (2.7)$$

and

$$\left. \begin{aligned} \kappa_1 &= \sin \frac{\theta_0 + \alpha + \pi}{2}, & m_1 &= \arcsin \left[ \frac{\sin((\alpha + \pi)/2)}{\kappa_1} \right], \\ \kappa_1 \sin \phi_1(s) &= \sin \frac{\theta_{\text{eq}}(s) + \alpha + \pi}{2}, \\ \kappa_2 &= \sin \frac{\theta_{\bar{l}+l^*} + \alpha}{2}, & m_2 &= \arcsin \left[ \frac{\sin(\alpha/2)}{\kappa_2} \right], \\ \kappa_2 \sin \phi_2(s) &= \sin \frac{\theta_{\text{eq}}(s) + \alpha}{2}. \end{aligned} \right\} \quad (2.8)$$

Further integration of the elastica (2.4) leads to the solution for the rotation field at equilibrium

$$\theta_{\text{eq}}(s) = \begin{cases} \pi - 2 \arcsin \left[ \kappa_1 \operatorname{sn} \left( \mathcal{K}(\kappa_1) - \sqrt{\frac{P_1}{B}}s, \kappa_1 \right) \right] - \alpha, & s \in [0, a_{\text{eq}}], \\ 2 \arcsin \left[ \kappa_2 \operatorname{sn} \left( \sqrt{\frac{P_2}{B}}(s - a_{\text{eq}} - l^*) + \mathcal{K}(m_2, \kappa_2), \kappa_2 \right) \right] - \alpha, & s \in [a_{\text{eq}} + l^*, \bar{l} + l^*], \end{cases} \quad (2.9)$$

where  $\operatorname{sn}$  is the Jacobi sine amplitude function. Since solution (2.9) implies

$$B\theta'_{\text{eq}}(a_{\text{eq}})^2 = 2P_1[\cos(\theta_0 + \alpha) - \cos \alpha], \quad B\theta'_{\text{eq}}(a_{\text{eq}} + l^*)^2 = 2P_2[\cos \alpha - \cos(\theta_{\bar{l}+l^*} + \alpha)], \quad (2.10)$$

the equilibrium along the sliding direction of the sleeve (2.5) can be expressed as a ‘geometrical condition’ of equilibrium, which relates the angles at the free edges to the two applied vertical dead loads as

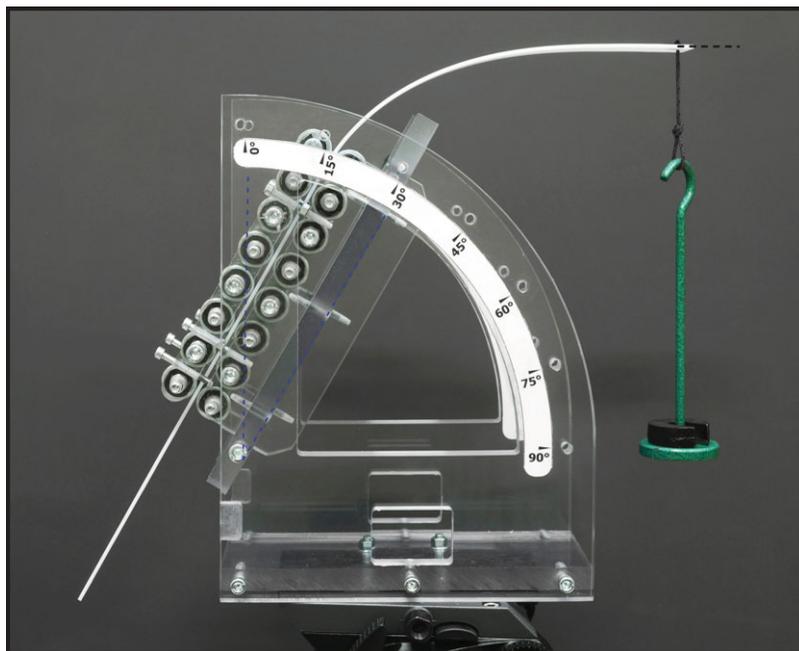
$$P_1 \cos(\alpha + \theta_0) + P_2 \cos(\alpha + \theta_{\bar{l}+l^*}) = 0, \quad (2.11)$$

and represents the balance of axial thrust of the deformable scale ( $0 \leq \alpha + \theta_0 \leq \alpha$  and  $\pi/2 \leq \alpha + \theta_{\bar{l}+l^*} \leq \pi$ ).

When  $\alpha + \theta_{\bar{l}+l^*} = \pi/2$  the equilibrium equation (2.11) implies  $P_1 = 0$ , so that a counterweight is not needed (figure 2).

As a conclusion, the following modes of use of the elastic scale can be envisaged:

- The easiest way to use the elastic scale is by referring to equation (2.11) and measuring the two angles  $\theta_0$  and  $\theta_{\bar{l}+l^*}$ . Assuming that  $P_1$  and  $\alpha$  are known,  $P_2$  can be calculated. Note that  $B$  is not needed in this mode of use.
- Another mode of use of the elastic scale is through measurement of the length  $a_{\text{eq}}$ . By knowing  $P_1$ ,  $B$  and  $\alpha$ ,  $P_2$  can be determined as follows: (i) equation (2.6)<sub>1</sub> gives  $\theta_0$ ; (ii) equation (2.11) gives  $\theta_{\bar{l}+l^*}$  as a function of the unknown  $P_2$ ; (iii) equation (2.6)<sub>2</sub> provides an equation for the unknown  $P_2$ , to be numerically solved.



**Figure 2.** Prototype 1 is loaded in a configuration that does not need any counterweight. The rod used in the prototype is made of a solid polycarbonate elastic lamina (inclined at an angle  $\alpha = 30^\circ$  with respect to the vertical direction) of bending stiffness  $B = 0.03 \text{ Nm}^2$  and total length  $\bar{l} + l^* = 0.487 \text{ m}$  with one end subject to a dead load  $P_2 = 1.53 \text{ N}$ . The theoretical value of the length defining the equilibrium configuration is  $a_{\text{eq}} = 0.128 \text{ m}$ , while the value measured on the prototype is equal to  $0.126 \text{ m}$ . (Online version in colour.)

Note that equations (2.6) define  $a_{\text{eq}}$  as a one-to-one function, respectively, of  $\theta_0$ , equation (2.6)<sub>1</sub>, and  $\theta_{\bar{l}+l^*}$ , equation (2.6)<sub>2</sub>, while equation (2.11) defines a unique relationship between  $\theta_0$  and  $\theta_{\bar{l}+l^*}$  (within the limits of variability of these two angles). Therefore, if all the possible deformations of the elastica which are unstable even for the clamped end are not considered, the equilibrium solution of equations (2.6) and (2.11), when it exists, is unique.

### 3. Stability

Equilibrium configurations of the proposed mechanical system are expected to be unstable by observing that a perturbation of the system at an equilibrium position,  $a = a_{\text{eq}}$ , through an increase (or decrease) in  $a$ , yields a leftward (or rightward) unbalanced Eshelby force, which tends to increase the perturbation itself. However, instability of the equilibrium configuration exploited in the deformable arm scale does not necessarily represent a drawback, as it could increase precision in the measurement.

In a rigorous way, the instability of a deformed configuration can be detected by investigating the sign of the second variation of the total potential energy, which can be written as

$$\begin{aligned}
 \delta_\epsilon^2 \mathcal{V} = & \frac{1}{2} \left\{ B \int_0^{a_{\text{eq}}} [\theta'_{\text{var}}(s)]^2 ds + B \int_{a_{\text{eq}}+l^*}^{\bar{l}+l^*} [\theta'_{\text{var}}(s)]^2 ds \right. \\
 & - \sin \alpha [P_1 \theta'_{\text{eq}}(a_{\text{eq}}) + P_2 \theta'_{\text{eq}}(a_{\text{eq}} + l^*)] a_{\text{var}}^2 \\
 & + P_1 \int_0^{a_{\text{eq}}} (\cos \alpha \cos \theta_{\text{eq}}(s) - \sin \alpha \sin \theta_{\text{eq}}(s)) \theta_{\text{var}}^2(s) ds \\
 & \left. + P_2 \int_{a_{\text{eq}}+l^*}^{\bar{l}+l^*} (\sin \alpha \sin \theta_{\text{eq}}(s) - \cos \alpha \cos \theta_{\text{eq}}(s)) \theta_{\text{var}}^2(s) ds \right\}. \quad (3.1)
 \end{aligned}$$

The second variation, equation (3.1), becomes

$$\delta_\epsilon^2 \mathcal{V} = \frac{1}{2} \left\{ B \int_0^{a_{\text{eq}}} \left[ \theta'_{\text{var}}(s) + \frac{\Gamma_1(s)}{B} \theta_{\text{var}}(s) \right]^2 ds + B \int_{a_{\text{eq}}+l^*}^{\bar{l}+l^*} \left[ \theta'_{\text{var}}(s) + \frac{\Gamma_2(s)}{B} \theta_{\text{var}}(s) \right]^2 ds \right. \\ \left. + [\Gamma_2(a_{\text{eq}} + l^*)[\theta'_{\text{eq}}(a_{\text{eq}} + l^*)]^2 - \Gamma_1(a_{\text{eq}})[\theta'_{\text{eq}}(a_{\text{eq}})]^2 \right. \\ \left. - \sin \alpha (P_1 \theta'_{\text{eq}}(a_{\text{eq}}) + P_2 \theta'_{\text{eq}}(a_{\text{eq}} + l^*)) a_{\text{var}}^2 \right\}, \quad (3.2)$$

when the two auxiliary functions  $\Gamma_1(s)$  and  $\Gamma_2(s)$  are introduced as the solutions of the following boundary value problems:

$$\left. \begin{aligned} & \frac{\partial \Gamma_1(s)}{\partial s} + P_1 \cos \alpha \cos \theta_{\text{eq}}(s) - P_1 \sin \alpha \sin \theta_{\text{eq}}(s) - \frac{\Gamma_1(s)^2}{B} = 0, \quad s \in [0, a_{\text{eq}}], \\ & \Gamma_1(0) = 0, \\ \text{and} \quad & \frac{\partial \Gamma_2(s)}{\partial s} - P_2 \cos \alpha \cos \theta_{\text{eq}}(s) + P_2 \sin \alpha \sin \theta_{\text{eq}}(s) - \frac{\Gamma_2(s)^2}{B} = 0, \quad s \in [a_{\text{eq}} + l^*, \bar{l} + l^*], \\ & \Gamma_2(\bar{l} + l^*) = 0. \end{aligned} \right\} \quad (3.3)$$

Considering the necessary condition of stability [10], an equilibrium configuration can be stable if

$$\Delta = \Gamma_2(a_{\text{eq}} + l^*)[\theta'_{\text{eq}}(a_{\text{eq}} + l^*)]^2 - \Gamma_1(a_{\text{eq}})[\theta'_{\text{eq}}(a_{\text{eq}})]^2 \\ - \sin \alpha (P_1 \theta'_{\text{eq}}(a_{\text{eq}}) + P_2 \theta'_{\text{eq}}(a_{\text{eq}} + l^*)) \geq 0. \quad (3.4)$$

Introducing the Jacobi transformation

$$\Gamma_j(s) = -B \frac{\Lambda'_j(s)}{\Lambda_j(s)}, \quad j = 1, 2, \quad (3.5)$$

which leads to the following Jacobi boundary value problems:

$$\left. \begin{aligned} & \Lambda''_1(s) + \frac{P_1}{B} (\sin \alpha \sin \theta_{\text{eq}}(s) - \cos \alpha \cos \theta_{\text{eq}}(s)) \Lambda_1(s) = 0, \quad s \in [0, a_{\text{eq}}], \\ & \Lambda_1(0) = 1, \\ & \Lambda'_1(0) = 0, \\ \text{and} \quad & \Lambda''_2(s) + \frac{P_2}{B} (\cos \alpha \cos \theta_{\text{eq}}(s) - \sin \alpha \sin \theta_{\text{eq}}(s)) \Lambda_2(s) = 0, \quad s \in [a_{\text{eq}} + l^*, \bar{l} + l^*], \\ & \Lambda_2(\bar{l} + l^*) = 1, \\ & \Lambda'_2(\bar{l} + l^*) = 0, \end{aligned} \right\} \quad (3.6)$$

the auxiliary functions  $\Gamma_j(s)$  with  $j = 1, 2$  have been numerically evaluated for all configurations considered in the experiments and, although conjugate points are not present, the unstable character of the configurations follows from  $\Delta < 0$ .

### (a) Instability of the solution at small rotations

A general proof that all equilibrium configurations are unstable can be easily derived under the assumption of small rotations. In this case, the equilibrium configuration can be explicitly obtained as a function of the length  $a$  as

$$\theta_{\text{eq}}(s, a) = \begin{cases} \frac{P_1 \sin \alpha}{2B} (s^2 - a^2), & s \in [0, a], \\ \frac{P_2 \sin \alpha}{2B} [(a + l^*)(a - l^* - 2\bar{l}) + 2(\bar{l} + l^*)s - s^2], & s \in [a + l^*, \bar{l} + l^*], \end{cases} \quad (3.7)$$

so that the total potential energy (2.1) is evaluated as

$$\mathcal{V}(a) = -\frac{\sin^2 \alpha}{6B} [P_1^2 a^3 + P_2^2 (\bar{l} - a)^3] - a \cos \alpha (P_1 + P_2). \quad (3.8)$$

The length  $a$  at equilibrium  $a_{\text{eq}}$  can be obtained by imposing the vanishing of the first derivative of the total potential energy (3.8), while evaluation of its second derivative at equilibrium results in the following expression:

$$\left. \frac{\partial^2 \mathcal{V}(a)}{\partial a^2} \right|_{a_{\text{eq}}} = -\sin^2 \alpha [a_{\text{eq}} P_1^2 + (\bar{l} - a_{\text{eq}}) P_2^2] < 0 \quad \forall a_{\text{eq}} \in [0; \bar{l}], \quad (3.9)$$

demonstrating the instability of all the equilibrium configurations for small rotations.

## (b) Stable systems

Finally, it is worth noting that a deformable scale where the equilibrium configuration is stable can be easily obtained by adding to the proposed system a linear elastic spring of stiffness  $k$ , located inside the sliding sleeve (thus restraining the sliding of the elastic rod; see [8]). In this case, the stabilizing term  $k(a - a_0)^2/2$  (in which  $a_0$  is the length  $a$  in the unloaded configuration) is added to the elastic potential energy (2.1). Therefore, findings reported in this paper pave the way to the realization of stable systems, if instability prevented the practical realization of an equilibrium configuration, which is not the case for the scales shown in figures 1*a* and 2, as explained below.

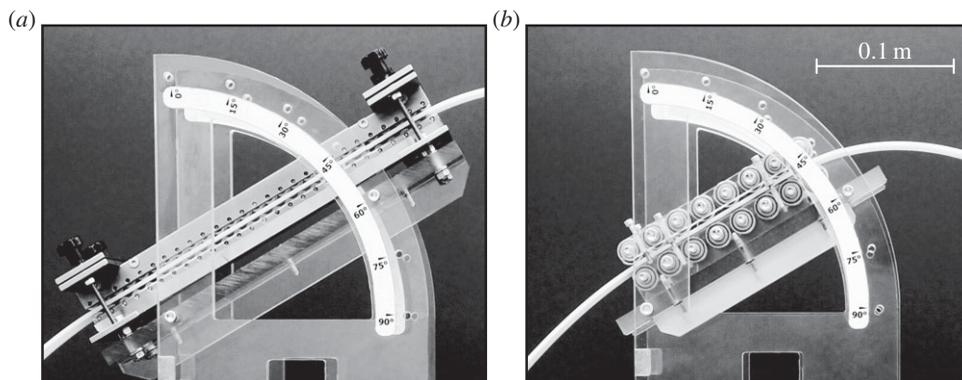
## 4. Prototypes of the deformable scale and experiments

To test the possibility of realizing a deformable scale, two prototypes (called ‘prototype 0’ and ‘prototype 1’) have been designed, produced and tested (at the Instabilities Lab of the University of Trento, Italy).

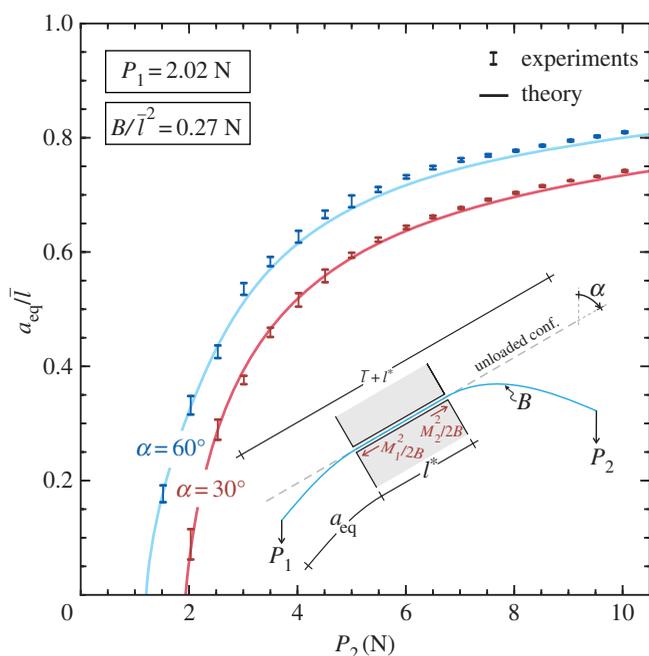
In prototype 0 (shown in figure 3*a*, and in the movie available as the electronic supplementary material) the sliding sleeve is 296 mm in length and is made up of 27 roller pairs (each roller is a Teflon cylinder 10 mm in diameter and 15 mm in length, containing two roller bearings). In prototype 1 (shown in figures 1*a*, 2 and 3*b*) the sliding sleeve, 148 mm in length, is realized with eight roller (press-fit straight type, 20 mm in diameter and 25 mm in length) pairs from Misumi Europe. The tolerance between the elastic strip and the rollers inside the sliding sleeve can be calibrated with four micrometric screws. Two elastic laminas were made from solid polycarbonate (white 2099 Makrolon UV from Bayer, elastic modulus 2250 MPa), one with dimensions  $980 \times 40.0 \times 3.0$  mm and the other  $487 \times 24.5 \times 1.9$  mm; the latter has been used for the experiments reported in figures 2, 4 and 5, while the former is shown in figure 1*a*. The sliding sleeve is mounted on a system (made from PMMA) that may be inclined at different angles  $\alpha$ . The two vertical dead loads applied at the edges of the elastic lamina were imposed manually. The tests were performed on an optical table (1HT-NM from Standa) in a controlled temperature  $20 \pm 0.2^\circ$  and humidity  $48 \pm 0.5\%$  room.

Experimental results (presented in figure 4 in terms of the measured values of the length  $a_{\text{eq}}$ , for different weights  $P_2$ ) are in excellent agreement with the theory.

The sensitivity of the scale  $\mathcal{S} = \partial a_{\text{eq}} / \partial P_2$  is reported in figure 5, together with the maximum absolute error ‘err’ found in the experimental determination of the load  $P_2$ . The figure correctly shows that errors decrease at high sensitivity. Moreover, the sensitivity is so high for small  $P_2$  that the scale could in a certain range of use become more accurate than a traditional balance.



**Figure 3.** Two prototypes of the deformable arm scale: (a) prototype 0 and (b) prototype 1.



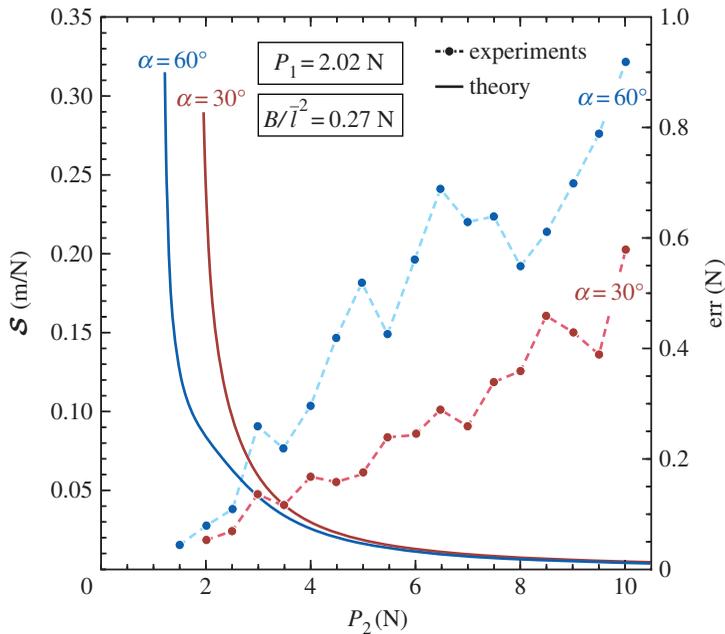
**Figure 4.** Equilibrium length  $a_{eq}$  measured on prototype 1 shown in figure 1a (at two inclinations  $\alpha$ ) for different loads  $P_2$  versus theoretical predictions. (Online version in colour.)

The prototypes represent proof-of-concept devices, demonstrating the feasibility of the elastic scale, with an accuracy which can be highly improved in a more sophisticated design. A movie with experiments on the prototypes is available in the electronic supplementary material (and at <http://ssmg.unitn.it>).

## 5. A link to snaking and locomotion

The sliding sleeve employed in the realization of the elastic arm scale and considered also in [2,8] can be viewed as a perfectly frictionless and tight channel in which an elastic rod can move.<sup>1</sup> Our

<sup>1</sup>The connection with the problem of snake locomotion has been suggested independently by Prof. N. Pugno (University of Trento) and by an anonymous reviewer, who has correctly pointed out that ‘anyone who’s ever tried to use a hand-held snake to unclog a toilet knows very well about this axial reaction force [i.e. the Eshelby-like force]’.



**Figure 5.** Sensitivity (denoted by  $\mathcal{S}$ ) of the deformable arm scale (at two inclinations  $\alpha$ ) as a function of the load  $P_2$ , reported together with the maximum absolute error (denoted by 'err') on the loads measured on the prototype shown in figure 1a. (Online version in colour.)

results show that a motion along the channel can be induced even when the applied forces are orthogonal to it. Moreover, it has been shown that the Eshelby-like forces can have a magnitude comparable to the applied loads. These forces are the essence of snake and fish locomotion [4–6] and must play an important role in the problem of beam snaking occurring during smart drilling of oil wells and in plumbing [3]. Investigation of these and related problems is deferred to another study.

## 6. Conclusion

A new concept for a deformable scale has been introduced in which equilibrium is reached through nonlinear flexural deformation of the arms and generation of configurational forces. This equilibrium configuration is unstable, a feature which can increase the precision of the measure and which does not prevent the practical realization of prototypes, showing that real balances can be designed and can be effectively used to measure weights. The reported findings represent a first step towards applications to deformable systems, in which non-trivial equilibrium configurations at high flexure can be exploited for actuators or to realize locomotion.

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